

# FOUR DAYS A WEEK

made to measure learning ages 8 to 14

## Yoga, meditation and democratic choice

Students self-direct their way through our unique educational programme that integrates the mind and body. Daily yoga and meditation enhance their capacity for learning and self-management. In our democratic meetings, students learn to find their voice and make decisions collectively.



## Creativity

We offer a uniquely creative approach to learning which offers guidance at the same time as supporting and developing student autonomy. We have a topic decided by the democratic meeting as well as stand-alone subjects and sessions directed by the students themselves.



## Self-direction

We take a Socratic approach which is led by the students' curiosity and questioning. Students choose what they want to study individually or as a group. The emphasis is on nurturing a love of learning. Research homeworks and written assignments are offered.

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## Timetable

Designed to have structured and unstructured activities to balance students' need for guidance and for greater autonomy in their learning.

It is also designed to support flexi-schooling where students can come all week or choose the day or days that most interest them.

	MON	WED	FRI		THURS	
9:00-9:30	Yoga & Meditation	Yoga & Meditation	Yoga & Meditation	9:00-9:45	Yoga & Meditation	
9:30-11:00	<b>Topic: Humanities</b>	English and Creative Writing	Maths	9:45-11:15	<b>Topic: Science</b>	
11:00-11:15	Break	Break	Break	11:15-11:30	Break	
11:15-12:45	Spanish	Decided by the children	English Lit	11:30-12:15	Democratic meeting	
12:45- 1:00	Reflection and tidy up	Reflection and tidy up	Reflection and tidy up	1.15-2:00	Creative Writing	<b>Topic: Art</b>
				2:00-3:00	<b>Topic: Humanities</b>	<b>Topic: Art</b>



## Topic-based learning

In yellow you can see that we have a termly topic that is chosen by the students and the teachers in our democratic meeting. It interconnects science and humanities and arts to offer an integrated holistic approach to study that treats the world as one interconnected whole. It allows students to think freely, make creative connections with their learning and see the big picture.

## Stand alone subjects

In English literature we study novels, poems or plays chosen by the students which may connect to the topic. However, not all subjects fit easily into this approach. Languages need to be taught separately as does maths. Creative writing is free for the children to explore whatever they want.

All the studies are designed to be excellent preparation for GCSE too.



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## Our fees

18 hours per week = £450 per month x 10  
= £4500 per year.

1 day per week on Thursday = £195 per month x 10  
= £1950 per year.

1 day per week on Mon, Wed or Fri = £145 per month x 10  
= £1450 per year.

(Discretionary rates and sibling discounts are available on request.)

## Our school hours

- Mondays 9am to 1pm
- Wednesdays 9am to 1pm
- Thursdays 9am to 3pm
- Fridays 9am to 1pm



## Other activities available locally

On Tuesdays many of our students attend Burn and Brae Wilderness School\*.

There are a number of after-school activities available locally. Ask us for details\*.

\*Activities not affiliated with Hebden Bridge School.

Ofsted registered childcare provider

Hebden Bridge School, The Birchcliffe Centre, Hebden Bridge HX7 8BD

  
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